



## 3 YEAR OLD SOCCER RULES

**Ball Size:** Size Three (3)

**Field Size:** Approximately 15 yards x 20 yards

**Goal Size:** 4' Height x 6' Wide

### Number of Players:

- The maximum number of players on the field per team at any one time is five (5).
- The game is played without a goalkeeper.
- The maximum number of players on a roster should not exceed ten (10).
- Substitutions are unlimited and allowed during any dead-ball situation and for injuries.
- Playing Time: Each player shall play a minimum of 50% of the total playing time.
- All players not playing in the game must be three yards behind the touch lines.
- Players should remain in one area so they can be seen and be given equal playing time.
- One coach from each team will be allowed on the playing field to instruct players. Parents may remove their child from the field to provide direction but are not allowed to be in the field of play during the duration of the game.
- No Forfeits. Teams may share players to keep with original format if necessary.

### Required Equipment:

- An NYS administered or approved jersey must be worn during the game.
- No hats, jewelry, or metal spiked cleats are allowed.
- All players are required to wear shin guards.

### The Referee:

- NYS will provide one official for each game.

### Duration of the Game:

- Each game will consist of four, six-minute quarters.
- 2 minutes break between each quarter.

### The Start of Play:

- Play should be started with a kick-off at the center mark of the field.
- Encourage the opposing team to stand 3-5 yards from the ball at each re-start.
- The team listed first on the schedule (1 v 2) will start the game with the ball.
- Teams shall rotate kick-offs each quarter.

### Ball In and Out of Play:

Any ball crossing the touch line or goal line should be stopped and placed back onto the field of play by the coaches or facilitators of the game to best keep play in progress. Players shall not take throw-ins or kick-ins. Coaches and parents are allowed to stop the ball from going out of bounds but may not advance the ball down the field in your teams favor.

### Free Kicks:

Free Kicks are not applicable for this age group. Play should be restarted after a stoppage by coaches as soon as possible to best keep play in progress.

### Offside:

The offside rule is not applicable to this age group.

### Slide Tackling and Heading are NEVER allowed!