



3 YEAR OLD SOCCER RULES

Ball Size: Size Three (3)

Field Size: Approximately 15 yards x 20 yards

Goal Size: 4' Height x 6' Wide

Number of Players:

- The maximum number of players on the field per team at any one time is five (5).
- The game is played without a goalkeeper.
- The maximum number of players on a roster should not exceed ten (10).
- Substitutions are unlimited and allowed during any dead-ball situation and for injuries.
- Playing Time: Each player shall play a minimum of 50% of the total playing time.
- All players not playing in the game must be three yards behind the touch lines.
- Players should remain in one area so they can be seen and be given equal playing time.
- One coach from each team will be allowed on the playing field to instruct players. Parents are not allowed to be in the field of play during the duration of the game.
- No Forfeits. Teams may share players to keep with original format if necessary.

Required Equipment:

- An NYS administered or approved jersey must be worn during the game.
- No hats, jewelry, or metal spiked cleats are allowed.
- All players are required to wear shin guards.

The Referee:

- NYS will provide one official for each game.

Duration of the Game:

- Each game will consist of four, six-minute quarters.
- 2 minutes break between each quarter.

The Start of Play:

- Play should be started with a kick-off at the center mark of the field.
- Encourage the opposing team to stand 3-5 yards from the ball at each re-start.
- The team listed first on the schedule (**1 v 2**) will start the game with the ball.
- Teams shall rotate kick-offs each quarter.

Ball In and Out of Play:

Any ball crossing the touch line or goal line will be stopped. The game will restart with a kick in from the spot it exited field.

Offside:

The offside rule is not applicable to this age group.

Slide Tackling and Heading are NEVER allowed!

Coaches and Spectator Conduct/Responsibilities

- Family members, parents, and spectators are required to observe the contest from designated areas.
- Participants, coaches, parents, and family members must conduct themselves appropriately during game play.
- Inappropriate, rude, or confrontational behavior by a coach, player or spectator may lead to disqualification from the game and possible suspension. These decisions are made at the sole discretion of the NYS League Officials.