



8U BASKETBALL RULES

- The size of the playing area is full court or crosscourt.
- The height of the basket will be approximately eight (8) feet.
- The free throw line will be approximately ten feet from the basket.
- The size of the basketball is a 27.5 inch or junior size.
- No forfeits! Game will be played five on five depending on team size.
 - Game will be played with less players, if less than five are in attendance.
 - Each team will have a maximum of ten players on their roster
 - Any more than ten players on a roster must be approved by league coordinator and head coach. Each child must play at least half of every game.
- The game will consist of four, eight minute quarters with a running clock except for timeouts. There will be two, thirty second timeouts per team per half. Half-time will last two minutes with one minute between quarters.
- An NYS administered or approved jersey must be worn during the game.
- A jump ball will start each game.
- No score will be kept.
- There will be no lane violations called and no individual fouls counted.
- Defense is man to man only, no zone or double-teaming. Stealing of the ball while controlled by offensive player is not allowed. No slapping or reaching in at the ball.
- Possession will alternate each quarter, jump-ball, or double foul.
- Players may not run with the ball; dribbling must be emphasized.
- Excessive fouling, stealing, or rough play may result in a technical foul
 - Players who receive a technical foul must sit for one quarter.
- After each basket the opposing team will then inbound the ball from their end line.
- Coaches are NOT allowed on the court.

Coaches and Spectator Conduct/Responsibilities

- Family members, parents, and spectators are required to observe the contest from designated areas.
- Participants, coaches, parents, and family members must conduct themselves appropriately during and after game play.
- Inappropriate, rude, or confrontational behavior by a coach, player or spectator may lead to disqualification from the game and possible suspension. These decisions are made at the sole discretion of the NYS League Officials.