



8U BASKETBALL RULES

- The size of the playing area is full court or crosscourt.
- The height of the basket will be approximately eight (8) feet.
- There will be no free throws. All fouls will be sideline out of bounds.
- The size of the basketball is a 27.5 inch
- No forfeits! Game will be played five on five depending on team size.
 - Game will be played with less players, if less than five are in attendance.
 - Each team will have a maximum of ten players on their roster
 - Any more than ten players on a roster must be approved by league coordinator and head coach. Each child must play at least half of every game.
- The game will consist of four, eight minute quarters with a running clock except for timeouts. There will be two, thirty second timeouts per team per half. Half-time will last two minutes with one minute between quarters.
- An NYS administered or approved jersey must be worn during the game.
- Each team will alternate possession to start each quarter, with the home team starting with the ball in the 1st and 3rd quarters and the road team in the 2nd and 4th quarters.
- No score will be kept.
- Player substitutions may only occur between quarters unless an injury occurs.
- There will be no lane violations called and no individual fouls counted.
- Defense is man to man only, no zone or double-teaming. Teams should matchup to begin each quarter.
- Stealing of the ball while controlled by offensive player is not allowed. No slapping or reaching in at the ball. Stealing a ball while in the air via a pass is allowed.
- Possession will alternate each quarter, jump-ball, or double foul.
- Players may not run with the ball; dribbling must be emphasized. Traveling and double dribbling will be called at the official's discretion.
- Excessive fouling, stealing, or rough play may result in a technical foul
 - Players who receive a technical foul must sit for one quarter.

- After each basket the opposing team will then inbound the ball from their end line.
- Coaches are NOT allowed on the court.